

## PRIVATE LESSONS



Private instruction can benefit anyone who feels they want more individualize attention from coach Dan Hipper. Coach Wendy Pannacucci will work with Preschoolers. Private Lessons are available with ALL our instructors, Working one-on-one with students, coaches will be able to fine tune skills and routines. It is recommended that PreSchoolers are registered for 30 minute classes.

Go to our website [www.westysgym.us](http://www.westysgym.us) Choose All Registrations on the menu bar then scroll down to Private Lessons to select the number of private lessons you are interested in. Once you have registered and selected the number of students and lessons you require, you will be put on a Waitlist and then contacted by Westys personnel to schedule your date/s. Once you are confirmed with date/s your account will be approved and you will be charged for the class/es for all students in your group.

There is a 24 hour cancellation policy for private lessons – lessons that are canceled with less than 24 hours notice will not be refunded or credited. If you are late for your private lesson, time will not be made up. Your lesson will still finish as scheduled.

## GYM POLICIES



*Due to the current situation with COVID-19, there will be no registrations at the gym. All registrations must be completed online [www.westysgym.us](http://www.westysgym.us).*

*Be prepared to bring your child to the lobby door, at which time you will be asked 5 questions concerning your child's health, and his/her temperature will be taken. Once it is determined that your child is OK to attend the class, you may leave the premises. No parents will be permitted into the gym.*

*Upon completion of the class you can pickup your child at the side Exit door only.*

## INCLEMENT WEATHER



In the event of bad weather, please call the gym 1 hour prior to the start time of your class to check for a gym closing message on the answering machine, or you can check our facebook page for updates

## WHAT TO WEAR TO CLASS



- ◇ Bare feet are best.
- ◇ GIRLS: Leotard or form fitting athletic wear. Hair must be pulled back and jewelry must be removed.
- ◇ BOYS: T-shirt with gym shorts or sweatpants.



18 PARK DRIVE ~ FRANKLIN, NJ 07416

# 2022 - 2023

## CLASS SCHEDULE



[westysgym@embarqmail.com](mailto:westysgym@embarqmail.com)  
[www.westysgym.us](http://www.westysgym.us)  
973-209-1552

### Power Team

Ages 6-8, 9+

(will be evaluated to qualify for team)  
Monday and Wednesday 6:00-8:00 pm

### Copper Team

Ages 5-8

(will be evaluated to qualify for team)  
Tuesday and Thursday, 5:00-7:30 pm  
Ages 6-9 and 10-14

### Train With Team Coaches

6 weeks session

Ages 7-12

Monday & Tues 6:00 pm - 8:00 pm

### Preschool

Ages 3-4 and 5-6

Monday 5:00 am - 5:45pm  
Tuesday, 10:00 am-10:45 am  
Tuesday, 4:00 pm - 4:45 pm  
Wednesday, 5:30 pm - 6:15 pm  
Thursday, 4:00 pm - 4:45 pm  
Friday 10:45 am - 11:30am  
Friday 5:00 am - 5:45pm

### Parent Participation

This class is designed for ages 6 & under, however, older siblings are welcome to participate.

Tuesday, 11:00 am - 11:45 am  
Friday, 9:45 am - 10:30 am

### Preschool Plus

Ages 3-4 and 5-6

Evaluated and invited by Westys Preschool coach  
Tuesday, 4:00 - 5:00 pm

### Ninjas (boys and girls)

Ages 6-8 and 9+

Wednesday, 5:30 pm - 6:30 pm

### Recreational Gymnastics

Ages 6-7, 8-9 and 10+

Monday, 5:00 - 6:00 pm

Tuesday, 5:00 pm - 6:00 pm

Tuesday, 6:00 pm - 7:00 pm

Wednesday, 4:30 pm - 5:30pm

Thursday, 5:00 - 6:00 pm

Thursday, 6:00 - 7:00 pm

Friday, 5:00 - 6:00 pm

### Recreational Gymnastics - Saturday

6 weeks session

Ages 6-7, 8-9 and 10+

Saturday, 10:30 am - 11:30 am

### Tumbling

Ages 6-8, 9+

Beginner intermediate, +

Tuesday, 7:00 pm - 8:00 pm

### Hot Shots (Team)

Ages 3-6

Monday & Friday 5:00 pm - 6:15pm

## CLASS PRICING



### Preschool

45 Minutes Class

\$260 for 10 week session

### Preschool Plus

60 Minutes Class

\$280 for 10 week session

### Recreational

60 Minutes Class

\$280 for 10 week session

### Recreational - Saturday

60 Minutes Class

\$170 for 6 week session

### Tumbling

60 Minutes Class

\$280 for 10 week session

### Ninjas (boys and girls)

60 Minutes Class

\$280 for 10 week session

Yearly Registration Fee \$40 per child

*Sibling Discount Available*

## 10 WEEK SESSIONS



Session 1: 9/5/2021 - 11/12/2022

Session 2: 11/14/2021 - 1/28/2023

Session 3: 1/30/2023 - 4/8/2023

Session 4: 4/17/2023 - 6/24/2023

# Class Schedule 9/2022 - 8/2023 - At-A-Glance, by The Day

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Preschool</b> Monday, 5:00 pm-5:45 pm</p> <p><b>Recreational Gymnastics</b> Monday, 5:00 pm - 6:00pm</p> <p><b>Train With Team Coaches</b> 6 weeks session Mon &amp; Tues 6:00 pm-8:00 pm</p>	<p><b>Preschool</b> Tuesday, 10:00 am-10:45 am Tuesday, 4:00 pm - 4:45 pm</p> <p><b>Parent Participation</b> This class is designed for ages 6 &amp; under, however, older siblings are welcome to participate. Tuesday, 11:00 am - 11:45 am</p> <p><b>Preschool Plus</b> Evaluated and invited by Westys Preschool coach Tuesday, 4:00 - 5:00 pm</p> <p><b>Recreational Gymnastics</b> Tuesday, 5:00 pm - 6:00 pm Tuesday, 6:00 pm - 7:00 pm</p> <p><b>Tumbling</b> Tuesday, 7:00 pm - 8:00 pm</p> <p><b>Train With Team Coaches</b> 6 weeks session Mon &amp; Tues 6:00 pm-8:00 pm</p>	<p><b>Preschool</b> Wednesday, 5:30 pm-6:15 pm</p> <p><b>Ninjas (boys and girls)</b> Wednesday, 5:30 pm - 6:30 pm</p> <p><b>Recreational Gymnastics</b> Wednesday, 4:30 pm - 5:30pm</p>	<p><b>Preschool</b> Thursday, 4:00 pm - 4:45 pm</p> <p><b>Recreational Gymnastics</b> Thursday, 5:00 - 6:00 pm Thursday, 6:00 - 7:00 pm</p>	<p><b>Preschool</b> Friday 10:45 am - 11:30am Friday 5:00 pm - 5:45pm</p> <p><b>Parent Participation</b> This class is designed for ages 6 &amp; under, however, older siblings are welcome to participate. Friday, 9:45 am - 10:30 am</p> <p><b>Recreational Gymnastics</b> Friday, 5:00 pm - 6:00pm</p> <p>~ ~ ~ ~ ~</p> <p><b>Saturday</b> Recreational Gymnastics 6 week sessions Saturday, 10:30 am - 11:30 am</p>

## TEAM PRACTICE

<p><b>Hot Shots</b> Monday &amp; Friday 5:00 pm - 6:15 pm</p> <p><b>Power Team</b> Monday &amp; Wednesday 6:00 - 8:00 pm</p>	<p><b>Pre Team / Copper</b> Tuesday &amp; Thursday, 5:00-7:30 pm</p> <p><b>Junior Team</b> Tuesday &amp; Friday, 5:00-8:00 pm</p>	<p><b>Power Team</b> Monday &amp; Wednesday 6:00 - 8:00 pm</p>	<p><b>Pre Team / Copper</b> Tuesday &amp; Thursday, 5:00-7:30 pm</p>	<p><b>Hot Shots</b> Monday &amp; Friday 5:00 pm - 6:15 pm</p> <p><b>Junior Team</b> Tuesday &amp; Friday, 5:00-8:00 pm</p>
--	---	--	--	--